



**DEPARTMENT OF BIOCHEMISTRY,
INSTITUTE OF HOME ECONOMICS (IHE),
UNIVERSITY OF DELHI**

under the aegis of IQAC, in collaboration with

**SHASTRI INDO CANADIAN INSTITUTE (SICI)
presents**

**AN INTERNATIONAL SYMPOSIUM
on**



**CHRONOBIOLOGY AND MENTAL
HEALTH**

**March 6th-7th, 2023
16:00 IST onwards**

Scan here to register



Last date of registration: 4th Mar, 2023

E-certificates would be provided to all the registered participants

No registration fees

Link to join shall be shared with registered participants only

Patron

Prof Renu Arora

Convenor

Dr Archana Burman

Co-convenor

Dr Meenakshi Vachher

Organising Team

Dr Taruna Arora, Dr Savita Bansal, Dr Sandeep Yadav, Dr Bhupender Kumar,
Dr Nalini Moza Wali

For Queries:  biochemistryihe@gmail.com  +91 9416342264, 9910868127

Scientific Programme

Mar 6

16:00 IST : Scope of Symposium by **Dr Archana Burman**,
Head, Department of Biochemistry, IHE, University of Delhi, India

16:10 IST : Welcome Address by **Prof Renu Arora**, Director,
IHE, University of Delhi, India

16:15 IST : Inauguration by **Prof Alo Nag**, Head, Department of Biochemistry,
University of Delhi South Campus, India

Prof Vinod Kumar



University of Delhi,
India

16:20 IST

No-night light environment affects the circadian clock controlled cognitive performance

Prof Nar Singh Verma



KGMU, Lucknow,
India

17:00 IST

Application of Chronoscience in day to day medical practice

Prof Shalje Malik



University of Lucknow,
India

17:40 IST

Title to be announced

Dr Sandipan Ray

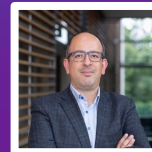


IIT, Hyderabad,
India

18:20 IST

Implementation of Circadian Rhythms in Health and Therapeutics

Prof Nader Ghasemlou



Queen's University,
Canada

19:00 IST

Circadian rhythms in the control of chronic pain

Mar 7

Dr Nisha Kannan

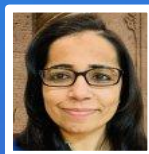


IISER,
Thiruvananthapuram, India

16:00 IST

Caffeine treatment: essential role in sleep and circadian rhythm

Prof Raman deep

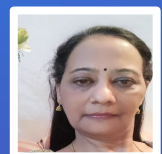


AIIMS,
Delhi, India

16:40 IST

Rhythm disruptions in bipolar disorder: Clinical and treatment implications

Prof Rachna Bhargava

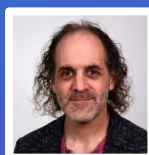


AIIMS,
Delhi, India

17:20 IST

Social Jetlag and Mental Health

Prof Nicolas Cermakian



Department of Psychiatry,
McGill University, Canada

18:00 IST

Circadian disruption and schizophrenia: insights from mouse models

Prof Kai Florian Storch



Department of Psychiatry,
McGill University, Canada

18:40 IST

Infradian rhythms and psychopathology

19:20 IST : Vote of thanks

19:30 IST : Feedback of participants